

Decades of research have been conducted on the dangers of fluoride to human health. The ingredient in toothpaste is pharmaceutical grade sodium fluoride. Even toothpaste tube labels have a warning to call the Poison Control Center if ingested. Fluoride is the poison.

Hydrofluorosilicic acid is what is added to drinking water. It is untreated toxic waste from the phosphate fertilizer industry added to city tap water, and has trace amounts of other toxins in the waste including arsenic and heavy metals. Fluoride is classified as a neurotoxin, just as harmful as lead and aluminum to the human developing brain.

But wait, isn't fluoride good for our teeth?

Tooth health has improved worldwide, proving that the relationship between fluoride and dental caries is spurious at best. Tooth health is dependent on three factors:

1. good genetics
2. good diet
3. good brushing habits (does not matter if the toothpaste is fluoridated or non-fluoridated)